

How do you cast on?

Create a slip knot and wrap it around the right needle, under the middle needle, and around the left needle. Tighten the knot and then, after making sure all of the needles are open, wrap your yarn across all three needles. Holding onto the tail of the slip knot pull forward, up and over the needles. Pull back towards the handle to complete your stitch and it will reopen your needles. Pull back up towards the middle below the open needles to start your next stitch. Repeat until you have the number of stitches you need.

How do you change colors?

Grab your new color and, leaving a little bit of a tail, yarn over and start your next stitch. You can hold the new tail and old tail together with your cord to make it easier for the first stitch to add stability. When you're finished with the cord or have a couple of inches down, twist the tails once so the colors point at their sections and weave them back into the middle of their matching color sections of cord.

How do you bind off?

Take your tail and place on a tapestry needle. Pull through each of the loops as you pull them off the needles. Pull tight and weave in.



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